Outline – Indirect Calorimetry vs. Prediction of Resting Metabolic Rate (Con Position)

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I. Initial resources for purchase of an indirect calorimeter
   A. Purchase of equipment
   B. Service Contract (?)
   C. Training

II. Ongoing commitment for indirect calorimetry
   A. Manpower needs
   B. Consumables

III. Are outcomes improved by use of indirect calorimetry?

IV. How good are the alternatives to indirect calorimetry?
   A. Estimation with equations
   B. Extrapolation of single measurements over seven days

V. References